

# Hire PHYLLISHUBBARD.COM As Your Visual Healing Artist

## Healing Art

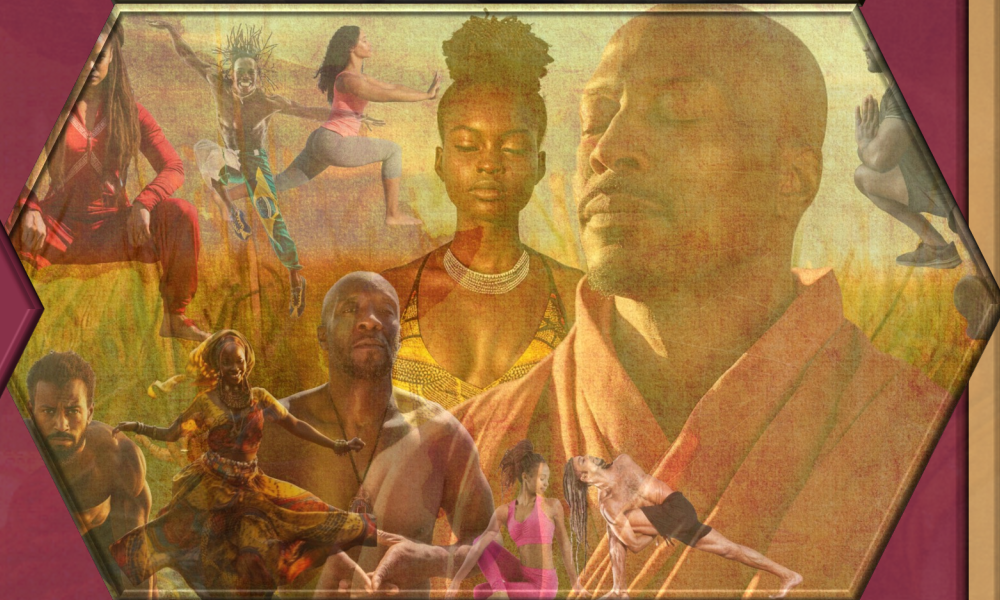
Healing art that promotes mental wellness and empowers us to actively engage in self-care.



## Visual Demonstrations Of Self-Care

### Identity Ancestry + Culture

Healing begins when we can see ourselves as beautiful, powerful, multidimensional, whole and healthy. We cannot wait for others to validate our worth as human beings. We begin the healing journey by loving and accepting ourselves. Seeing ourselves accurately represented is a vital part of our healing process.



## Sacred Geometry

Sacred Geometry calms the mind, cultivates mental acuity, dexterity, higher intelligence, self-awareness and problem solving skills.



## Customized Wellness Graphics